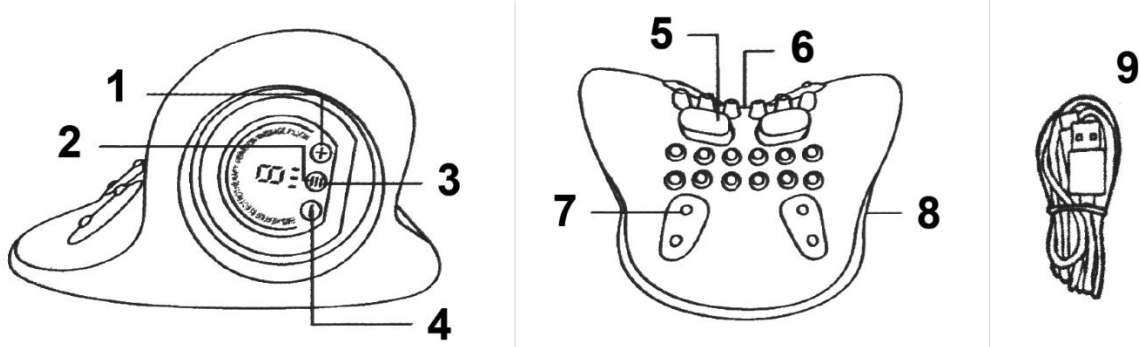


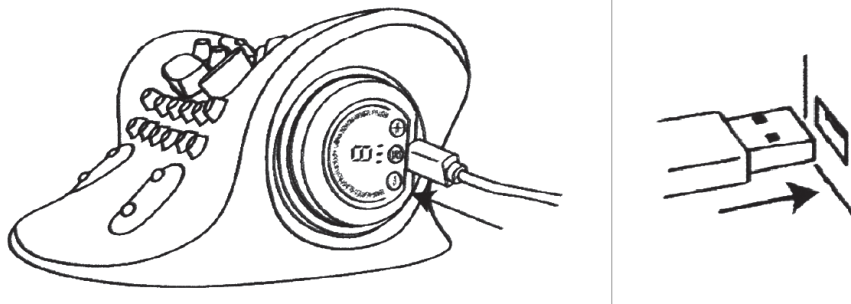
EN: MEGANECK – USER MANUAL

Components and Parts Description



1. + Button (Increase)
2. EMS / Heating / Vibration – Function Buttons
3. Power Button (ON/OFF)
4. – Button (Decrease)
5. Heating EMS Pad
6. Massage Nodes
7. Magnetic Inserts
8. USB Type-C Port
9. USB Type-C Charging Cable

Charging Method

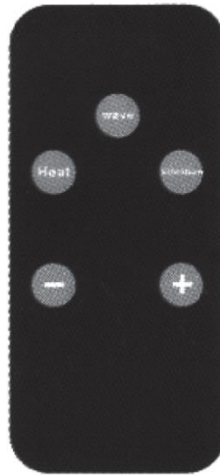


1. Insert the included USB cable into the **USB Type-C port** on the device.
2. Connect the other end of the USB cable to a **USB adapter or power bank**. The USB adapter or power bank must be prepared separately. A power supply of **5 V / 1 A or higher** is recommended.
3. During charging, the **red indicator light flashes**. When the device is fully charged, the **green indicator light remains on**.

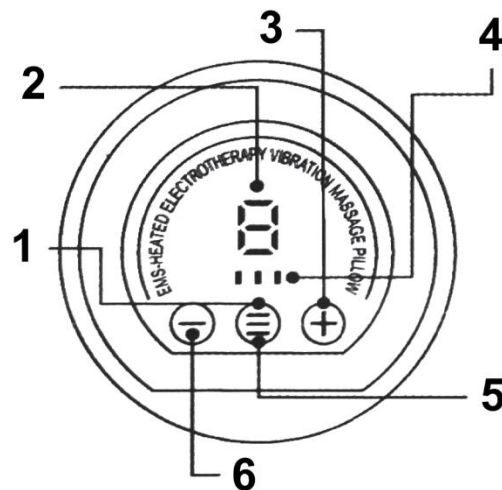
Turning the Device On and Off

Press and hold the **power button** for approximately **3 seconds** to turn the device on or off.

After turning on the device, it can also be operated using the **remote control**, where the **M button** is used to change functions.



Remote Control Buttons



1. EMS / Heating / Vibration – Function Button
 2. Intensity Level Indicator
 3. + Button (Increase)
 4. Indicator Light
 5. Power Button (ON/OFF)
 6. – Button (Decrease)
-

How to Use

1. Press and hold the **power button for about 3 seconds** to turn on the device. The mode indicator light will appear in the **first position**. Press the **increase (+) button**. When **level 1** is displayed in the intensity area, the **EMS function is activated**. You can then adjust the EMS intensity using the **+ or – buttons**. There are **6 intensity levels** in total. When the intensity display shows **0**, the EMS function is turned off.
2. Press the **power button again**. When the mode indicator light moves to the **second position**, the device enters **heating mode**. When **level 1** is displayed in the intensity area, the heating function is activated. There are **3 heating levels** available.

Warning: Choose the appropriate level according to your needs. Avoid excessive heat to prevent burns.

3. Press the **power button again**. When the mode indicator light moves to the **third position**, the **vibration mode** is activated. When **level 1** is displayed, the vibration function starts. There are **3 vibration levels** available.
4. The device will **automatically turn off after 15 minutes** of operation.
5. The **EMS, heating, and vibration functions can be used simultaneously or separately**.

Important Notes for the Heating Function

Do not use the heating function continuously for extended periods. Even at relatively low temperatures (**40–50 °C**), prolonged contact with the skin may cause **low-temperature burns**, even if no immediate discomfort or pain is felt.

Do not use the EMS function while performing activities involving water (such as cooking, washing, or handling pets).

Important Notice

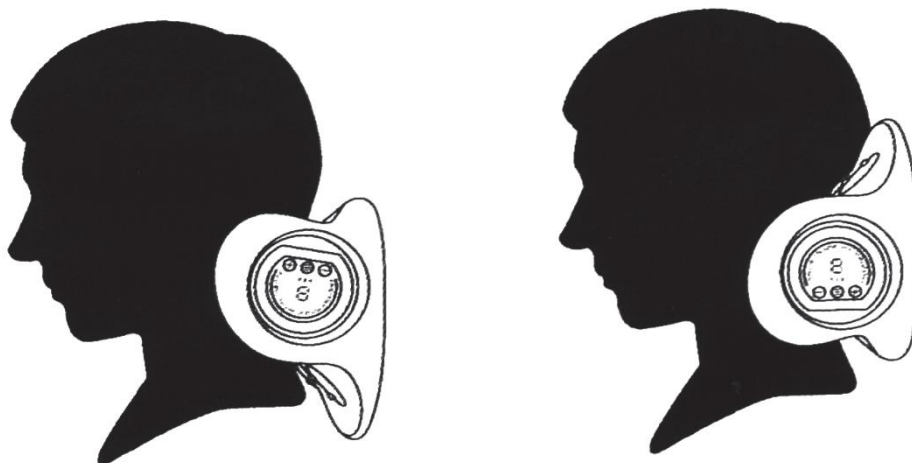
This product is **not a medical device** and is not intended for medical treatment.

Usage Instructions

Adjust the device so that the **heated EMS pads** are positioned on the desired area of your neck. As shown in the illustration, the device can be used in either orientation. Try it on your neck and adjust it to the most comfortable position.

This product is **designed specifically for neck use**. Do not use it on other body parts such as **arms or legs**.

The **EMS function transmits stimulation through moisture**. Before use, slightly **moisten the neck area** where the pads will contact the skin with water or lukewarm water.



Maintenance

Clean and maintain the **EMS heating pads** after each use.

- Wring out a cloth soaked in water and wipe the pads while slightly warm.
- Carefully clean the EMS pads.
- If dirt is present, use a **soft cloth lightly soaked in warm water with diluted neutral detergent**, wring it out, and wipe the surface of the device.
- Do **not immerse the device in water or wash it directly**.
- Do **not use solvents** such as alcohol, thinner, or benzene, as they may cause malfunction, damage to components, or discoloration.

INSTRUCTIONS FOR RECYCLING AND DISPOSAL:



This label means that the product cannot be disposed of as other household waste throughout the EU. To prevent potential damage to the environment or human health from uncontrolled waste disposal. Recycle responsibly to promote the sustainable use of material resources. If you want to return a used device, use the drop-off and collection system, or contact the retailer from whom you bought the product. The retailer can accept the product for environmentally safe recycling.



A declaration by the manufacturer that the product complies with the requirements of the applicable EU Directives.